



NEW YOUTH WRESTLING PROGRAM

WE ARE OFFERING A NOVICE WRESTLING PROGRAM FOR UPPER DARBY BOYS AND GIRLS. WE WILL INTRODUCE THEM TO THE SPORT OF WRESTLING AND TEACH THEM BASIC WRESTLING SKILLS WITHIN A POSITIVE, SUPPORTIVE, AND FUN ENVIRONMENT.

AGE GROUP: GRADES 4 THROUGH 8

DATES: NOVEMBER 28, 2023-FEBRUARY 29, 2024

LOCATION: UPPER DARBY HIGH SCHOOL WRESTLING ROOM

PRACTICE TIMES: TUESDAYS & THURSDAYS
6:00-7:30 PM



QUESTIONS?

EMAIL STEVEBELL@UDWRESTLING.ORG

*INCLUDES TEE SHIRT



REGISTRATION IS OPEN!

PLEASE SCAN THE QR CODE TO
BEGIN THE REGISTRATION PROCESS

